





- Cut out the figure following all the lines
 Feel free to customise and decorate
- If you want this paper doll to represent you you might want to write your name or nickname on it and/or post with the hashtag #ThisOnesMe
 Please only self-identify if you feel safe to do so
 A list of local support services is available here: https://www.the survivorstrust.org/find-support



design : www.imogenharveylewis.co.uk